

2025–26

Pediatric Pearls

Continuing Medical Education Series

- **Pediatric Pearls Fall**
- **Pediatric Pearls: Neonate, Newborn and Infancy**
- **Pediatric Pearls: The Young Athlete**
- **Pediatric Pearls Spring**
- **Pediatric Pearls: Navigating Adolescent Concerns**

2025–26

Pediatric Pearls CME Series

VIRTUAL and IN-PERSON Events

An innovative concept in pediatric continuing medical education

WEDNESDAY, NOVEMBER 19, 2025


Pediatric Pearls Fall | *In-Person Event*

Hyatt Regency Hotel, Schaumburg, IL

WEDNESDAY, DECEMBER 10, 2025

Pediatric Pearls: Neonate, Newborn and Infancy | *Virtual Event*


THURSDAY, FEBRUARY 5, 2026

 **Pediatric Pearls: The Young Athlete** | *Virtual Event*

TUESDAY, MARCH 10, 2026

 **Pediatric Pearls Spring** | *Virtual Event*

THURSDAY, APRIL 16, 2026

 **Pediatric Pearls: Navigating Adolescent Concerns**

In-Person Event

Double Tree Hotel, Oak Brook, IL



To register online visit:

luriechildrens.org/pearls

GENERAL INFORMATION

Ann & Robert H. Lurie Children's Hospital of Chicago is once again pleased to present a series where you can connect with our experts and earn CME and MOC credit. This series will include two in-person events with the remaining three events offered virtually.

Each of the five programs offer continuing medical education credit and will include evidence-based sessions, an opportunity for interactive Q&A and timely medical updates most relevant to your practice and patients.

The pricing is distinguished by the type of event. Discounted series packages are also offered and attendees can save as much as 10% of the total price.

Each course will carry between **5.5** and **6.75** *AMA PRA Category 1 Credit(s)[™]* with a total of **28.5** *AMA PRA Category 1 Credit(s)[™]* available.

Details about each full-day course, the presenters and registration are included in this catalog as well as on our website at luriechildrens.org/pearls. Participants attending the virtual events will need to access Zoom. Information regarding access, login and technical specifications will be sent to each registrant before the event.

The live, in-person events will not be live-streamed or recorded. You must attend in person to earn credit. Also this year there is a strict no-refund policy unless the request is received seven days prior to the event. Consideration will be given to emergency situations and a credit for a future event will be offered.

This program is sponsored by Northwestern University Feinberg School of Medicine and presented by the faculty of Lurie Children's.

Don't miss this opportunity to earn education credits, network with your colleagues and gain a wealth of practical information on cutting-edge pediatric health topics.

For questions or more information, call **312.227.7411** or e-mail svcardona@luriechildrens.org or cpinto@luriechildrens.org.

ACCREDITATION STATEMENT

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

Northwestern University Feinberg School of Medicine designates this live activity for a maximum of **28.5** *AMA PRA Category 1 Credit(s)[™]*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AMERICAN BOARD OF PEDIATRICS

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to **28.5** MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Please refer to each program for the breakdown of CME hours.

**Looking for
other opportunities
to earn CME?**

**Visit luriechildrens.org/cme
for a complete listing
of our online CMEs as
well as live and on-demand
webinars which are always
free of charge.**

Pediatric Pearls Fall

WEDNESDAY, NOVEMBER 19, 2025 | *IN-PERSON* Event

Register by November 9, 2025

If considering the purchase of a package, registration is due November 9, 2025.

Hyatt Regency Schaumburg
1800 E. Golf Road • Schaumburg, IL 60173 • 847.605.1234 • FREE PARKING

This one-day symposium for pediatricians, family physicians and other healthcare providers will showcase the latest approach, updates and research related to several common patient issues confronted by primary care providers. Our speakers will address health concerns, share cases and offer guidelines on how to manage the patient. We are excited to present lectures on back pain, fracture management, lipids, pediatric obesity, growth concerns, acute lymphoblastic leukemia, UTIs and solutions to bladder issues, vision screening, and pediatric pharmacology – safe prescribing.

6.75 AMA PRA Category 1 Credit(s)[™]

This course is approved for live credit only. It will not be streamed or recorded.

Cancellation and refunds offered with a minimum seven-day advanced notice.

AGENDA

TIME	TITLE/TOPIC	SPEAKER
8 a.m.	Welcome	Ravi Jhaveri, MD, FIDSA, FPIDS, FAAP Alanna Higgins Joyce, MD, MPH, MST <i>Course Directors</i>
8:15–8:45 a.m.	A Case-Based Discussion of Back Pain in Children and Adolescents	Rebecca Carl, MD, MSCI
8:45–9:15 a.m.	Basic Fracture Management in Pediatric Primary Care	Michelle Sagan, MD
9:15–9:45 a.m.	Lipids: A Journey Since 1990	Irwin Benuck, MD, PhD
9:45–10 a.m.	Panel Session/Q&A	Speakers from sessions 1, 2 and 3
10–10:15 a.m.	BREAK	
10:15–10:45 a.m.	Pediatric Obesity in 2025	Laura Levin, DO
10:45–11:15 a.m.	Common Pediatric Growth Concerns	Farah Medhi Khatoon, MD
11:15–11:45 a.m.	Evolving Treatment Landscape in Pediatric Acute Lymphoblastic Leukemia	Sara Zarnegar-Lumley, MD
11:45 a.m.–Noon	Panel Session/Q&A	Speakers from sessions 4, 5 and 6
Noon–1 p.m.	LUNCH	
1–1:30 p.m.	UTIs: Anatomic and Functional Considerations	Diana Bowen, MD
1:30–2 p.m.	Urine Woes: Solutions to Bladder Issues	Reumah Ravoori, MMS, PA-C Rina Patel, MS, PA-C
2–2:30 p.m.	Eyes on the Future: Vision Screening Impact in Early Childhood	Magdalena Stec, OD, FAAO Noreen Shaikh, OD, MEd, FAAO
2:30–2:45 p.m.	Panel Session/Q&A	Speakers from sessions 7, 8 and 9
2:45–3:15 p.m.	Pediatric Pharmacy Highlights for Safe Prescribing	Brittany Huff, PharmD
3:15–3:30 p.m.	Introduction of Clearway Pharmacy	Jenny Elhadary, PharmD
3:30–3:40 p.m.	Panel Session/Q&A	Speakers from sessions 10 and 11
This course will not offer breakout sessions		

COURSE OBJECTIVES

- 1 Identify the most common causes of back pain in children and adolescents
- 2 Recognize “red flags” that signal serious causes of back pain
- 3 Recognize common fracture patterns in children
- 4 Provide initial management of some types of uncomplicated fractures and recognize when referral is warranted
- 5 Explain the rationale for universal lipid screening
- 6 Counsel the patients on how to manage and reduce their lipid levels
- 7 Define childhood obesity and treatment options
- 8 Discuss the future of childhood obesity and its implications
- 9 Identify poor growth patterns in various age groups, including abnormal growth velocity
- 10 Explain the initial evaluation and when to refer for further testing/intervention
- 11 Recognize new treatment modalities for pediatric acute lymphoblastic leukemia (ALL) including targeted drug delivery and immunotherapies
- 12 Identify opportunities for partnership with primary care during ALL treatment and survivorship
- 13 Identify various urinary tract anomalies and how these differences can lead to UTIs
- 14 Explain the role of urodynamic testing in recurrent UTIs
- 15 Identify lower urinary tract dysfunction and its manifestations, including urinary incontinence, nocturnal enuresis
- 16 Utilize simple strategies for initiating effective voiding behavior modification and bowel management, and discuss referral to the Lurie Children’s Bladder Function Improvement Training (BFIT) Program
- 17 Recognize age-appropriate vision screening techniques and tools for children from infancy through adolescence and when referral is necessary
- 18 Identify common pediatric vision disorders (e.g., amblyopia, strabismus, refractive errors), and describe their early signs, risk factors and the importance of timely intervention to prevent long-term visual impairment
- 19 Recognize age-related factors that impact medication dosing
- 20 Describe different drug formulations and delivery methods for pediatric patients and common medication safety challenges and methods to prevent errors

Pediatric Pearls:

Neonate, Newborn and Infancy

WEDNESDAY, DECEMBER 10, 2025 | VIRTUAL Event

Register by November 30, 2025

If considering the purchase of a package, registration is due November 9, 2025.

This one-day symposium designed for the primary care provider will tackle some of the concerns from the in-utero stage through early infancy. Our speakers will address health concerns, share cases and offer guidelines on how to manage the patient. We are excited to present lectures on circumcision, penile anomalies, genital variations, caring for the NICU graduate after discharge, genetic testing options in pregnancy, newborn screening, the fussy baby, late preterm infants, and car and sleep safety during the newborn period.

5.0 AMA PRA Category 1 Credit(s)™

This course is approved for the virtual participation credit. It will be recorded, and the videos will be available to the virtual conference participants approximately one week after the event. Credit will only be given to those registrants who attend the virtual meeting live. The recorded sessions are just an added benefit for those wanting to review the lectures.

Cancellation and refunds offered with a minimum seven-day advanced notice.

AGENDA

TIME	TITLE/TOPIC	SPEAKER
8–8:15 a.m.	Welcome	Alanna Higgins Joyce, MD, MPH, MST Course Director
8:15–9:20 a.m.	Newborn Genital Anatomy 101: Circumcision, Penile Anomalies and Genital Variations	Emilie Johnson, MD, MPH, FACS Derek Matoka, MD
9:25–10 a.m.	Caring for the NICU Graduate after Discharge	Raye-Ann De Regnier, MD
10:05–10:20 a.m.	Panel Session/Q&A	Speakers from sessions 1 and 2
10:20–10:30 a.m.	BREAK	
10:30–11 a.m.	Genetic Testing Options in Pregnancy	Hailey Funk, MS, CGC Margaret Wiley, MS, CGC
11:05–11:35 a.m.	Newborn Screening: Illinois Experience	Joshua Baker, DO, FACMG
11:40 a.m.–12:10 p.m.	The Fussy Baby	Larry Gray, MD
12:15–12:30 p.m.	Panel Session/Q&A	Speakers from sessions 3, 4 and 5
12:30–1:10 p.m.	LUNCH	
1:10–1:40 p.m.	Late Preterm Infants: Common Challenges and Solutions	Patrick Myers, MD
1:45–2:15 p.m.	Getting Safely Home and Through the Night: Updates on Car and Sleep Safety in the Newborn Period	Michelle Macy, MD, MS
2:20–2:35 p.m.	Panel Session/Q&A	Speakers from sessions 6 and 7
2:35–2:40 p.m.	Final Questions/Wrap-up	Alanna Higgins Joyce, MD, MPH, MST
This course will not offer breakout sessions		

COURSE OBJECTIVES

- Describe features of common penile anomalies
- Outline features of contemporary multidisciplinary care for patients with differences of sex development (DSD)/intersex conditions
- Detail anatomic criteria for newborn circumcision suitability
- Distinguish differences between newborn and operative circumcision procedures and timing
- Manage growth and nutrition in the early post-discharge period
- Identify and manage early developmental concerns
- Discuss genetic tests available in pregnancy
- Compare and contrast screening versus diagnostic testing options
- Describe classical presentation of inborn errors of metabolism
- Review the approach to metabolic newborn screening program in Illinois
- Evaluate newborn screening in management of emergent metabolic evaluations
- Identify and differentiate between common and uncommon causes of fussiness in infants, including gastrointestinal issues, sleep disturbances and developmental variations
- Implement effective, individualized management plans for fussy infants, incorporating both non-pharmacological interventions and, when appropriate, pharmacological treatments
- Discuss what makes late preterm infants different from term infants
- Recognize ways to mitigate the challenges that late preterm infants initially have
- Describe common errors in car seat selection, installation and use
- Explain the current epidemiology of SIDS/SUID
- Guide families on infant products for car seats and sleep

Pediatric Pearls:

The Young Athlete

THURSDAY, FEBRUARY 5, 2026 | **VIRTUAL** Event

Register by: January 26, 2026

If considering the purchase of a package, registration is due November 9, 2025.

This symposium for pediatricians, family physicians and other healthcare providers will highlight some of the most common healthcare conditions and concerns with the young and physically active patient. We are excited to present lectures on allergy-induced asthma in sports, sports participation with congenital and acquired heart disease, ACL injuries, sports-related eye injuries, dental trauma/injuries in the physically active child, case-based discussion on return to play after concussion and other musculoskeletal injuries, avoiding burnout and building mental toughness in competitive sports, infectious risks with sports participation, and pediatric hand and finger injuries.

5.5 AMA PRA Category 1 Credit(s)[™]

This course is approved for the virtual participation credit. It will be recorded, and the videos will be available to the virtual conference participants approximately one week after the event. Credit will only be given to those registrants who attend the virtual meeting live. The recorded sessions are just an added benefit for those wanting to review the lectures.

Cancellation and refunds offered with a minimum seven-day advanced notice.

AGENDA

TIME	TITLE/TOPIC	SPEAKER
8–8:15 a.m.	Welcome	Rebecca Carl, MD, MSCI <i>Course Director</i>
8:15–8:45 a.m.	Allergy-induced Asthma in Sports	Sai Nimmagadda, MD
8:50–9:20 a.m.	Sports and Activity in Congenital and Acquired Heart Disease	Michael Carr, MD
9:25–10 a.m.	ACL Injuries in Children and Adolescents: What Not to Miss	Neeraj Patel, MD , MPH, MBS
10:05–10:15 a.m.	Panel Session/Q&A	Speakers from sessions 1, 2 and 3
10:15–10:30 a.m.	BREAK	
10:30–11 a.m.	Game Time, Safe Vision: Pediatric Sports Eye Injury, Post-concussion Vision Syndrome Awareness and Prevention	Magdalena Stec, OD, FAAO Noreen Shaikh, OD, MEd, FAAO
11:05–11:35 a.m.	Dental Trauma/Injuries in the Physically Active Child	Ashlee Cosantino, DDS
11:40 a.m.–12:10 p.m.	Case-based Discussion on Return to Play After Concussion and Other Musculoskeletal Injuries	Jamie Holland, MD Jacqueline Turner, MSN, APN, FNP-BC
12:15–12:25 p.m.	Panel Session/Q&A	Speakers from sessions 3, 4 and 5
12:25–1 p.m.	LUNCH	
1–1:30 p.m.	Avoiding Burnout and Building Mental Resilience in Competitive Sports	Bonnie Essner, PhD
1:35–2:05 p.m.	Infectious Risks with Sports Participation	Ayelet Rosenthal, MD
2:10–2:40 p.m.	Pediatric Hand and Finger Injuries	Sigrid Wolf, MD
2:45–2:55 p.m.	Panel Session/Q&A	Speakers from sessions 6, 7 and 8
2:55–3 p.m.	Final Questions/Wrap-up	Rebecca Carl, MD, MSCI
This course will not offer breakout sessions		

COURSE OBJECTIVES

- 1 Recognize the clinical features and triggers of exercise-induced bronchoconstriction (EIB) and asthma in young athletes, including differentiating it from other causes of exertional dyspnea.
- 2 Apply current guidelines to develop individualized management plans for young athletes with asthma, including pharmacologic treatment, preventive strategies and return-to-play considerations.
- 3 Recognize potential activity/sports limitations/restrictions for different forms of pediatric heart disease
- 4 Dispel some myths and hopefully alleviate some angst regarding pediatric cardiac disease and exercise
- 5 Develop strategies for primary provider collaboration with pediatric cardiology to optimize care
- 6 Identify history and exam findings that should prompt imaging and/or orthopaedic referral
- 7 Recognize the short- and long-term consequences of ACL injury
- 8 Identify common types and mechanisms of sports-related eye injuries in pediatric populations and recognize early signs that warrant urgent ophthalmologic evaluation with case examples
- 9 Describe evidence-based strategies for preventing ocular trauma in young athletes, including the role of protective eyewear and anticipatory guidance during routine pediatric eyecare
- 10 Recognize and diagnose common dental injuries (e.g., tooth fractures, avulsion, luxation)
- 11 Know when and how to re-implant a permanent tooth
- 12 Promote injury prevention strategies in leisure, sports and athletic settings
- 13 Review return-to-play protocol after concussion
- 14 Discuss modified return-to-play protocol for patients experiencing persistent post-concussion symptoms
- 15 Identify two signs of burnout in youth athletes in competitive sports
- 16 Identify two strategies for promoting resilience in youth athletes in competitive sports
- 17 Identify strategies to prevent, detect and respond to infections
- 18 Recognize common pediatric hand and finger injuries
- 19 Explain management strategies for pediatric hand and finger injuries
- 20 Name two signs of burnout in youth athletes in competitive sports
- 21 Name two strategies for promoting resilience in youth athletes in competitive sports

Pediatric Pearls Spring

TUESDAY, MARCH 10, 2026 | **VIRTUAL** Event

Register by: February 28, 2026

If considering the purchase of a package, registration is due November 9, 2025.

This one-day symposium for pediatricians, family physicians and other healthcare providers will showcase the latest approach, updates and research related to several common patient issues confronted by primary care providers, as well as newer and more complex diseases. Our speakers will address health concerns, share cases and offer guidelines on how to manage the patient. We are excited to present lectures on identification and reporting of child maltreatment; updates on vaccine schedule and recommendations; first response in the office for burns, minor trauma and other immediate care concerns; anxiety vs. anxiety disorder; introduction to antipsychotic medications for aggression and impulsivity; prodromal presentation for bipolar disorder and schizophrenia; feeding/swallowing disorders; atopic dermatitis; and state and federal programs for children's services and supports.

5.5 AMA PRA Category 1 Credit(s)TM

This course is approved for the virtual participation credit. It will be recorded, and the videos will be available to the virtual conference participants approximately one week after the event. Credit will only be given to those registrants who attend the virtual meeting live. The recorded sessions are just an added benefit for those wanting to review the lectures.

Cancellation and refunds offered with a minimum seven-day advanced notice.

AGENDA

TIME	TITLE/TOPIC	SPEAKER
8–8:15 a.m.	Welcome	Ravi Jhaveri, MD, FIDSA, FPIDS, FAAP Alanna Higgins Joyce, MD, MPH, MST <i>Course Directors</i>
8:15–8:45 a.m.	Identification and Reporting of Child Maltreatment	Crystal Nguyen, MD
8:50–9:20 a.m.	Update on Vaccine Schedule and Recommendations	Ravi Jhaveri, MD, FIDSA, FPIDS, FAAP
9:25–10 a.m.	First Response in the Office: Burns, Minor Trauma and other Immediate Care Concerns for the Primary Care Setting	Margot Paisley, MD
10:05–10:20 a.m.	Panel Session/Q&A	Speakers from sessions 1, 2 and 3
10:20–10:35 a.m.	BREAK	
10:35–11:05 a.m.	Anxiety and Anxiety Disorder: An Important Difference for Pediatricians	John Walkup, MD
11:10–11:40 a.m.	Introduction to Antipsychotic Medications for Aggression and Impulsivity	John Walkup, MD
11:45 a.m.–12:15 p.m.	Prodromal Presentations for Bipolar Disorder and Schizophrenia	John Walkup, MD
12:20–12:35 p.m.	Panel Session/Q&A	Speakers from sessions 4, 5 and 6
12:35–1:15 p.m.	LUNCH	
1:15–1:45 p.m.	Feeding/Swallowing Disorders: the OT and SLP perspective	Laura Henehan, MS, CCC-SLP Prabha Pande, MS, OTR/L
1:50–2:20 p.m.	Itching to Talk About It: What's New in Atopic Dermatitis	Duri Yun, MD, MPH
2:25–2:55 p.m.	Navigating State and Federal Programs for Children's Services and Supports	Rishi Agrawal, MD
3–3:15 p.m.	Panel Session/Q&A	Speakers from sessions 7, 8 and 9
3:15–3:20 p.m.	Final Questions/Wrap-up	Course Directors
This course will not offer breakout sessions		

COURSE OBJECTIVES

- 1 Identify indicators of child abuse and neglect
- 2 Describe the process for reporting suspected child abuse and neglect
- 3 Review latest evidence-based recommendations for vaccine recommendations in children
- 4 Discuss the areas of divergence between ACIP recommendations compared to society and public health group recommendations
- 5 Review key points to discuss with families when communicating about vaccine recommendations
- 6 Review updates to evidence-based guidelines for common presentations to immediate care centers
- 7 Discuss ways to set up your primary care practice to avoid unnecessary referrals to immediate care
- 8 Describe anxiety and differentiate between normal anxiety and various disorders
- 9 Learn how to manage anxiety in the patient
- 10 Discuss “atypical” or “next-generation” antipsychotic medications
- 11 Explain how antipsychotics given to children can reduce aggression and dangerous behaviors
- 12 Discuss how developmental pathologies commonly precede the onset of psychotic symptoms associated with schizophrenia and bipolar disease
- 13 Identify feeding/swallowing warning signs that could prompt a referral
- 14 Discuss the role of occupational therapy vs. speech-language pathology in the management of feeding/swallowing disorders
- 15 Recognize the presentations of pediatric atopic dermatitis
- 16 Appropriately design therapy plans for mild to moderate atopic dermatitis
- 17 Discuss new and evolving therapies for pediatric atopic dermatitis
- 18 Identify which children in pediatric practice qualify for key state and federal services
- 19 Incorporate best practices to appeal denials of services into patient-level advocacy

Pediatric Pearls:

Navigating Adolescent Concerns

THURSDAY, APRIL 16, 2026 | IN-PERSON Event

Register by April 8, 2026

If considering the purchase of a package, registration is due November 9, 2025.

DoubleTree Hotel
1909 Spring Road • Oak Brook, IL 60523 • 847.472.6000 • FREE PARKING

This one-day symposium presented by Lurie Children’s Division of Developmental and Behavioral Pediatrics is designed for pediatricians, family physicians and other healthcare providers. It will showcase the latest approach, updates and research related to several common patient issues confronted by primary care providers related to adolescent and teen health. Our speakers will address health concerns, share cases and offer guidelines on how to manage the patient.

5.75 AMA PRA Category 1 Credit(s)™

This course is approved for live credit only. It will not be streamed or recorded.

Cancellation and refunds offered with a minimum seven-day advanced notice.

AGENDA

TIME	TITLE/TOPIC	SPEAKER
8–8:15 a.m.	Welcome	Gregg J. Montalto, MD, MPH <i>Course Director</i>
8:15–8:50 a.m.	Abnormal Periods — When to Worry, When to Wait	Seema Menon, MD
8:50–9:25 a.m.	Contraception: Centering the Patient and Managing Challenging Scenarios	Raina Voss, MD, MPH
9:25–10 a.m.	The Expanding World of PrEP: A Pediatrician’s Guide to HIV Prevention	India Willis, MPH, APRN-NP Ixchell Ortiz-Estes, APRN-NP
10–10:20 a.m.	Panel Session/Q&A	Speakers from sessions 1, 2 and 3
10:20–10:35 a.m.	BREAK	
10:35–11:10 a.m.	Digital Realities: Social Media, Adolescents and the Mental Health Landscape	Amanda Terry, PhD
11:10–11:45 a.m.	What’s in That Vape Pen? Nicotine and Cannabis Use in Adolescents	Maria Rahmandar, MD
11:45 a.m.–12:20 p.m.	Avoidant/Restrictive Food Intake Disorder: Complex Presentations and Multidisciplinary Treatment Options	Kelly Horn, PhD, LCSW
12:20–12:40 p.m.	Panel Session/Q&A	Speakers from sessions 4, 5 and 6
12:40–1:30 p.m.	LUNCH	
BREAKOUT SESSIONS: EVIDENCE-BASED TREATMENTS <i>(Pick one topic for each of the two sessions)</i>		
SESSION A: 1:30–2:20 p.m. SESSION B: 2:30–3:20 p.m.	Adolescent Substance Use: Screening and Intervening	Maria Rahmandar, MD Lindsey Eilers, LCSW, CADC
	Eating Disorders: Helping Without Harming: Navigating Weight Conversations with Adolescents	Elizabeth Kinsella, MD Katrina Obleada, PhD
	Gender Affirming Care for Transgender and Gender Diverse Youth	David Inwards-Breland, MD, MPH Claire Coyne, PhD

COURSE OBJECTIVES

- 1 Identify abnormal menstrual patterns in teens
- 2 Develop an evaluation for common causes of abnormal menses
- 3 Utilize a patient-centered approach to contraceptive counseling and management in adolescents
- 4 Recognize and manage common challenges related to contraceptive use
- 5 Explain different presentations and differential diagnoses of avoidant/restrictive food intake disorder (ARFID)
- 6 Explore options for treatment of ARFID in multidisciplinary setting
- 7 Define PrEP and its mechanisms for oral and long-acting injectable
- 8 Identify adolescent populations at increased risk for HIV acquisition and describe current PrEP regimens appropriate for adolescents
- 9 Outline key steps for PrEP initiation, monitoring and discontinuation
- 10 Explain key aspects of emotional, social and cognitive development that influence how teens use and respond to social media and social media trends among adolescents
- 11 Analyze the psychological and social impacts of social media and recognize warning signs and risk behaviors with social media exposure and strategies for healthy use
- 12 Articulate the trends in use of nicotine and cannabis products
- 13 Identify steps to address nicotine and cannabis use in patients
- 14 Identify signs and symptoms of disordered eating in adolescents with “normal” or elevated BMIs
- 15 Develop a script for discussing weight management with adolescents that simultaneously promotes metabolic health and minimizes weight bias
- 16 Utilize appropriate methods to screen for adolescent substance use
- 17 Engage in brief interventions with adolescents who use substances
- 18 Discuss importance and benefits of gender affirming care for young people
- 19 Describe the core components of gender-affirming care

About the Presenters

Please Note:

All presenters have a faculty appointment with Northwestern University Feinberg School of Medicine unless noted ().*

PEDIATRIC PEARLS FALL

Course Director

Ravi Jhaveri, MD, FIDSA, FPIDS, FAAP

Division Head, Infectious Disease

Virginia H. Rogers Professor in Infectious Diseases

Professor of Pediatrics (Infectious Diseases)

Northwestern University Feinberg

School of Medicine

Course Co-Director

Alanna Higgins Joyce, MD, MPH, MST

Attending Physician, Hospital-Based Medicine

Associate Professor of Pediatrics

(Hospital-Based Medicine)

Northwestern University Feinberg

School of Medicine

Presenting Faculty

Rebecca Carl, MD, MSCI

Attending Physician

Orthopaedic Surgery and Sports Medicine

Michelle Sagan, MD

Attending Physician

Orthopaedic Surgery and Sports Medicine

Irwin Benuck, MD, PhD

Division Head

Community-Based Primary Care Pediatrics

Preventative Cardiology

Laura Levin, DO

Attending Physician

Endocrinology

Farah Mehdi Khatoon, MD

Attending Physician

Endocrinology

Sarah Zarnegar-Lumley, MD

Medical Director

Hematology, Oncology and

Stem Cell Transplantation

Diana Bowen, MD

Attending Physician

Urology

Reumah Ravoori, MMS, PA-C*

Physician Assistant

Urology

Rina Patel, MS, PA-C*

Physician Assistant

Urology

Magdalena Stec, OD, FAAO

Doctor of Optometry

Ophthalmology

Noreen Shaikh, OD, Med, FAAO*

Optometrist

Ophthalmology

Brittany Huff, PharmD*

Director of Pharmacy Operations

Patient Care and Nursing Administration

Pharmacy

Jenny Elhadary, PharmD*

Vice President of Clinical Services

Patient Care and Nursing Administration



PEDIATRIC PEARLS: NEONATE, NEWBORN AND INFANCY

Course Director

Alanna Higgins Joyce, MD, MPH, MST

Attending Physician, Hospital-Based Medicine

Associate Professor of Pediatrics

(Hospital-Based Medicine)

Northwestern University Feinberg

School of Medicine

Course Co-Director

Ravi Jhaveri, MD, FIDSA, FPIDS, FAAP

Division Head, Infectious Disease

Virginia H. Rogers Professor in Infectious Diseases

Professor of Pediatrics (Infectious Diseases)

Northwestern University Feinberg

School of Medicine

Presenting Faculty

Emilie Johnson, MD, MPH, FACS

Attending Physician

Urology

Derek Matoka, MD

Attending Physician

Urology

Raye-Ann De Regnier, MD

Attending Physician

Neonatology

Hailey Funk, MS, CGC*

Genetic Counselor

Genetics, Genomics and Metabolism

Margaret Wiley, MS, CGC*

Genetic Counselor

Genetics, Genomics and Metabolism

Joshua Baker, DO, FACMG

Attending Physician

Genetics, Genomics and Metabolism

Larry Gray, MD

Medical Director and Attending Physician

Developmental and Behavioral Pediatrics

Patrick Myers, MD

Attending Physician

Neonatology

Michelle Macy, MD, MS

Associate Medical Director

Pediatric Partners Clinically Integrated Network

PEDIATRIC PEARLS: THE YOUNG ATHLETE

Course Director

Rebecca Carl, MD, MSCI

Attending Physician

Orthopaedic Surgery and Sports Medicine

Presenting Faculty

Sai Nimmagadda, MD

Attending Physician

Allergy and Immunology

Michael Carr, MD

Clinical Practice Director and Attending Physician

Cardiology

Neeraj Patel, MD, MPH, MBS

Attending Physician

Orthopaedic Surgery and Sports Medicine

Magdalena Stec, OD, FAAO

Doctor of Optometry

Ophthalmology

Noreen Shaikh, OD, MED, FAAO*

Doctor of Optometry

Ophthalmology

Ashlee Cosantino, DDS

Interim Division Head

Dentistry

Jamie Holland, MD*

Current Fellow, Sports Medicine

Past Fellow, Emergency Medicine

Jacqueline Turner, MSN, APN, FNP-BC*

Advanced Practice Nurse

Orthopaedic Surgery and Sports Medicine

Bonnie Essner, PhD

Psychologist

Psychiatry and Behavioral Health

Ayelet Rosenthal, MD

Attending Physician

Infectious Diseases

Sigrid Wolf, MD

Attending Physician

Orthopaedic Surgery and Sports Medicine

About the Presenters *(continued)*

PEDIATRIC PEARLS SPRING

Course Director and Speaker

Ravi Jhaveri, MD, FIDSA, FPIDS, FAAP

Division Head, Infectious Disease

Virginia H. Rogers Professor in Infectious Diseases

Professor of Pediatrics (Infectious Diseases)

Northwestern University Feinberg

School of Medicine

Course Co-Director

Alanna Higgins Joyce, MD, MPH, MST

Attending Physician, Hospital-Based Medicine

Associate Professor of Pediatrics

(Hospital-Based Medicine)

Northwestern University Feinberg

School of Medicine

Presenting Faculty

Crystal Nguyen, MD*

Fellow

Child Abuse Pediatrics

Margot Paisley, MD

Attending Physician

Hospital-Based Medicine

John Walkup, MD

Chair

Pritzker Department of

Psychiatry and Behavioral Health

Duri Yun, MD, MPH

Attending Physician

Dermatology

Rishi Agrawal, MD

Attending Physician

Hospital-Based Medicine

Laura Henehan, MS, CCC-SLP*

Manager

Outpatient Speech-Language Pathology

Prabha Pande, MS, OTR/L*

Occupational Therapist

PEDIATRIC PEARLS: NAVIGATING ADOLESCENT CONCERNS

Course Director

Gregg J. Montalto, MD, MPH

Attending Physician

Associate Division Head for Clinical Practice

Adolescent and Young Adult Medicine

Presenting Faculty

Seema Menon, MD

Attending Physician

Obstetrics and Gynecology

Raina Voss, MD, MPH

Attending Physician

Adolescent and Young Adult Medicine

India Willis, MPH, APRN-NP*

Nurse Practitioner

Adolescent and Young Adult Medicine

Ixchell Ortiz-Estes, APRN-NP*

Nurse Practitioner

Adolescent and Young Adult Medicine

Amanda Terry, PhD

Psychologist

Adolescent and Young Adult Medicine

Maria Rahmandar, MD

Attending Physician

Adolescent and Young Adult Medicine

Kelly Horn, PhD, LCSW*

Social Worker

Psychiatry and Behavioral Health

Lindsey Eilers, LCSW, CADC*

Social Worker

Psychiatry and Behavioral Health

Elizabeth Kinsella, MD

Attending Physician

Adolescent and Young Adult Medicine

Katrina Obleada, PhD

Psychologist

Psychiatry and Behavioral Health

David Inwards-Breland, MD, MPH

Medical Director

Adolescent and Young Adult Medicine

Claire Coyne, PhD

Psychologist

Adolescent and Young Adult Medicine

Registration

ONLINE Preferred method
Registration and payment at
luriechildrens.org/pearls

CALL-IN Registration and payment by calling
Stephanie Cardona at **312.227.7411**
or **Claudia Cooper** at **312.505.1736**



PRICING	MDs, DOs, PhDs, APRNs	CIN and CCPA Members, Fellows, RNs, Other Healthcare Professionals, Hospital Employees	Residents and Medical Students
Pediatric Pearls: Fall <i>In-Person Event in Schaumburg</i>	\$175	\$150	\$100
Pediatric Pearls: Neonate, Newborn and Infancy <i>Virtual Event</i>	\$145	\$130	\$90
Pediatric Pearls: The Young Athlete <i>Virtual Event</i>	\$145	\$130	\$90
Pediatric Pearls: Spring <i>Virtual Event</i>	\$145	\$130	\$90
Pediatric Pearls: Navigating Adolescent Concerns <i>In-Person Event in Oak Brook</i>	\$175	\$150	\$100
All Five (5) Events — Mix of In-Person and Virtual Events (10% savings)	\$706 <i>(10% savings)</i>	\$621 <i>(10% savings)</i>	<i>Bundling is not available for this tier</i>
Two (2) VIRTUAL Events and One (1) IN-PERSON Event Only	\$418 <i>(10% savings)</i>	\$369 <i>(10% savings)</i>	<i>Bundling is not available for this tier</i>

Registration is due approximately 10 days prior to each course and is non-refundable.

***If registering for the discount packages,
please complete by November 9, 2025.***

There is a strict no-refund policy unless request is received seven days prior to the event. Consideration will be given to emergency situations and a credit for a future event will be offered.



Registration *(continued)*

BREAKOUT SESSIONS

There are no breakout sessions in the 2025–26 series except for Pediatric Pearls: Navigating Adolescent Concerns. Following the morning lecture, participants will attend smaller workshops called breakout sessions. Please select two breakout sessions for the course.

Pediatric Pearls: Navigating Adolescent Concerns

- Adolescent Substance Use: Screening and Intervening
- Eating Disorders: Helping Without Harming: Navigating Weight Conversations with Adolescents
- Gender-affirming Care for Transgender and Gender Diverse Youth



**NEW
LOCATION**

New Outpatient Center in Schaumburg Opening October 2025

Lurie Children's Hospital Outpatient Center in Schaumburg is a new, state-of-the-art hospital outpatient center bringing expert pediatric care closer to home for families in the northwestern suburbs.

Located at **1895 Arbor Glen Boulevard, Schaumburg, Illinois 60195**, the outpatient center will have many services available, including:

MEDICAL AND SURGICAL SPECIALTIES

Allergy/Immunology
Behavioral Health
Cardiology
Dermatology
Endocrinology
Epilepsy
Gastroenterology
Genetics
Hematology/Oncology
Nephrology
Neurology
Ophthalmology
Orthopaedic Surgery
Otolaryngology
Pediatric Surgery
Plastic Surgery
Pulmonary Medicine
Rheumatology
Sleep
Urology

ANCILLARY SERVICES

Ambulatory Infusion Center
Audiology
ECG
ECHO
Ambulatory vEEG
Routine EEG
Laboratory Services
Occupational Therapy (OT)
Orthotics/Prosthetics
Physical Therapy (PT)
Pulmonary Function
Test (PFT)
Speech Pathology
Stress Tests
Ultrasound
X-ray



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